

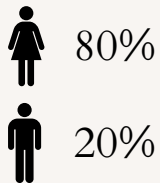


# Emilie GAUTHIER

INTEGRATIVE | HEALTH | COACH | SPEAKER | MENTOR

## About me

Emilie Gauthier is an Author, a Speaker and a Trauma-Informed certified Integrative Health and Nutrition Mentor specializing in Gut and Hormonal Health, in Nervous System's Regulation, in Hypersensitivity and in Biohacking. She also has a degree in Naturopathy and in NLP. Emilie is a Breast-Cancer Survivor who healed the root cause of her disease through a powerful life-changing process. Today, she is helping her clients and her wide community do the same, but she is also helping them go from a place of pain and disconnection to a place of optimal health and wellbeing through a bio-individuality based approach.



67% Canada  
27% France  
6% USA



Reach



Engagement

@EMILIECOACHSANTE

21.4K  
INSTAGRAM

23K  
FACEBOOK

64K  
TIKTOK

600K  
LIKES

## COLLABORATIONS

SEED



LARQ



# A REVOLUTIONARY APPROACH TO HEALTH

People feel lost when faced with the amount of information available on the subject of health, they consult their family doctor, are told that everything is fine, that their blood work is normal, but the pain or discomfort persists. Our modern medical system has two main goals: the elimination of a symptom through drugs and/or the fixing of a physical trauma. Rarely do our doctors investigate on the root cause of the problem and rarely do they empower their clients with global prevention knowledge. With the increase of chronic diseases and symptoms of all sorts, we can only understand that the population is lacking resources and help. The holistic approach that Emilie offers to regain our health and vital force is complete, global, and considers the individual and the root of all imbalances of the body, soul and spirit. This kind of personalized empowering health service is in high demand in the world and will keep on increasing in the future as people are transforming their lives and freeing themselves from pain and suffering.



## WHAT I DO

### SPEAKER

*Inspirational Masterclasses,  
Conferences and Workshops about  
Health Empowerment, Prevention  
and Wellbeing*

### 1:1 COACHING

*A personalized and holistic program to  
retrieve an optimal health and stop  
suffering physically & psychologically.*

### GROUP COACHING

*Group coaching programs of a few  
weeks to heal, learn, empower and  
thrive*

### WRITER

*Author of two books among which  
"La Puissance du Serpent" (An Healing  
Journey) will be released in May 2024*

### TRANSFORMATIONAL RETREATS

*Exquisite and personalized health  
empowering reset retreats*

### COLLABORATIONS

*Partnerships with advanced and  
revolutionary high quality life  
changing products*